

Cabinet

14 September 2016

**Health and Wellbeing Board
Annual Report 2015/16**



Report of Corporate Management Team

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Councillor Joy Allen, Cabinet Portfolio Holder for Safer Communities

Purpose of Report

1. The purpose of this report is to present the Health and Wellbeing Board Annual Report 2015/16 (attached as Appendix 2) for information.

Background

2. The Health and Social Care Act 2012 required all upper tier local authorities to establish Health and Wellbeing Boards. The County Durham Health and Wellbeing Board was formally established as a committee of Durham County Council in April 2013.
3. This is the third Health and Wellbeing Board Annual Report, which outlines the achievements of the Board during its third year of operation. It also includes details of locality health and wellbeing projects which are supported by the Health and Wellbeing Board, as well as commitments and engagement activity of the Board.
4. The functions of the Health and Wellbeing Board remain as:
 - Develop a Joint Strategic Needs Assessment
 - Develop a Joint Health and Wellbeing Strategy
 - Encourage integrated working between commissioners of health services, public health and social care services
 - Produce a Pharmaceutical Needs Assessment to look at the provision of pharmacy services across County Durham.

Achievements during 2015/16

5. The Annual Report outlines a number of achievements of the Health and Wellbeing Board over the past year:
 - Agreed the Joint Health and Wellbeing Strategy and Delivery Plan, which have been informed by key messages from the Joint Strategic Needs Assessment, the Annual Report of the Director of Public Health County Durham, and feedback from engagement activities.
 - The Health and Wellbeing Board hosted a 'Big Tent' engagement event in November 2015 as part of the consultation process for the refresh of the Joint Health and Wellbeing Strategy. The event was attended by over 260 people and included a number of themed workshops relating to health, social care and wider wellbeing (including housing, mental health and community safety).
 - The Health and Wellbeing Board agreed the County Durham Better Care Fund plan which supports the following seven work programmes to integrate health and social care initiatives locally:
 - **Intermediate Care+ Short term intervention services** which includes intermediate care community services, reablement, falls and occupational therapy services
 - **Equipment and adaptations for independence** which includes Telecare, Disability adaptations and the Home Equipment Loans Service
 - **Supporting independent living** which includes mental health prevention services, floating support, supported living and community alarms and wardens
 - **Supporting Carers** which includes carers breaks, carer's emergency support and support for young carers
 - **Social inclusion** which includes local coordination of an asset based approach to increase community capacity and resilience to provide low level services
 - **Care home support** which includes care home and acute and dementia liaison services
 - **Transforming care** which includes maintaining the current level of eligibility criteria, the development of IT systems to support joint working and Implementing the Care Act
 - Agreed the Transformation Plan for Children and Young People's Mental Health, Emotional Wellbeing and Resilience 2015-20 to improve mental health, emotional wellbeing and resilience of young people. The purpose is to make it easier for children, young people and their families to access help and support when needed; and ensure local services will be delivered within communities, closer to home, targeted to the most vulnerable whilst ensuring fewer children and young people require specialist mental health services.

- Agreed that Durham should be involved in the National Diabetes Prevention programme which includes a review of the international evidence on diabetes prevention looking at what works in different contexts and evaluating how this evidence can be implemented in the seven demonstrator sites. Durham was chosen as one of seven demonstrator sites for this programme.
- Endorsed the County Durham and Darlington Urgent Care Strategy which aims to improve people's ability to care for themselves through patient self-management programmes, improve patient access to urgent care from primary and community services and improve emergency care provision provided within hospital settings and by ambulance services. The North East is one of eight new Vanguard sites transforming emergency and urgent care. Being a Vanguard site provides an opportunity to not just work across organisations but also across geographical boundaries as part of the North East Urgent Care Network.
- Agreed with the Tobacco Alliance in Public Health England's peer assessment as part of their 'Clear Thinking in Local Tobacco Control', and agreed a voluntary ban should be progressed encouraging play areas across County Durham to become smoke free.
- Agreed the Transforming Care Fast Track Plan for Durham, which is part of the North East and Cumbria Fast Track programme to relocate people with learning disabilities from in patient settings.
- Shared best practice at a national event in Westminster, showcasing County Durham's approach to engagement.
- Agreed the County Durham Dual Needs Strategy for 2015-17, which identifies those with a learning disability and/or mental illness, including dementia and a concurrent problematic substance misuse issues and ensures they have access to services to meet their complex and changing needs.
- The Health and Wellbeing Board launched the consultation on the Physical Activity Framework at the Big Tent Event in 2015.

Local Projects

6. The Health and Wellbeing Board supports a number of local projects across County Durham, which aims to improve the health and wellbeing of people in their local communities. Details of the projects, including those delivered by the Area Action Partnerships, are included in the Annual Report and include the following:
 - The Eat Better, Eat Cheaper project, which takes young people through a series of healthy eating workshops and includes a session on diabetes prevention.

- The ASK project, which is a text messaging service offering out of hours confidential advice on a range of issues young people may be experiencing.
- The Healthy Horizons project encourages older people to improve their lifestyle through the provision of accessible physical activity opportunities in their community.
- The 'Growing our Community' project provides horticultural therapy activities, using plants and gardening activities as a means to achieve goals of wellness and promotes physical, emotional, cognitive and social wellbeing. The project targets adults aged 50+ and individuals with learning disabilities/difficulties and/or physical disabilities.
- The Social Isolation Navigator service provides support to people who feel isolated and unable to actively engage with others in the local community. Working with one to one services or groups are identified which best suit the individual's needs, providing the tools to re-engage with society.

Future work of the Health and Wellbeing Board

7. There are a number of initiatives that the Health and Wellbeing Board will continue to take forward during the coming year, including the following:
 - Explore potential areas for future integration of health and social care services in County Durham to meet the national vision of developing a plan by 2017 to achieve full integration by 2020.
 - Support the development of a five year Sustainability and Transformation Plan 2016-21 to set out a vision for health and care on a wider footprint. The Sustainability and Transformation Plan will link to the Joint Health and Wellbeing Strategy, Better Care Fund and Better Health Programme to address the provision of the best possible local services over the next five years and beyond.
 - Continue to support the Better Health Programme which will provide a system fit for the future to meet patients' needs in and out of hospital across Durham, Darlington and Tees.
 - Agree the County Durham Better Care Fund 2016/17, which is aligned to the strategic objectives in the Joint Health and Wellbeing Strategy and supports the aim to integrate health and social care and provide people with the right care, in the right place, at the right time.
 - Support the development of Integrated Digital Care, which will make better use of information and technology, and will integrate services around patient needs. By 2018 crucial health information should be available to staff at the touch of a button, and patients will be able to access their medical and care records and share them with carers or others who they

choose. Digital Road Maps will be produced which will state who will do what to transform digital care.

- Agree the Oral Health Strategy to reduce the population prevalence of dental disease, to reduce inequalities in dental disease, and to ensure that oral health promotion programmes are evidence informed and delivered according to need.

8. Further details of the Health and Wellbeing Board's future work are included in the Annual Report.

Recommendations

9. It is recommended that Cabinet:

- Note the Health and Wellbeing Board's work undertaken in 2015/16.
- Receive the Health and Wellbeing Board Annual Report 2015/16 for information

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Appendix 1: Implications

Finance – Ongoing pressure on public services will challenge all agencies to consider how best to respond to the health, social care and wellbeing agenda.

Staffing – No direct implications.

Risk – No direct implications.

Equality and Diversity / Public Sector Equality Duty – The key equality and diversity protected characteristic groups are considered as part of the process to identify the groups/organisations to be invited to the Health and Wellbeing Board Big Tent Event.

Equality Impact Assessments have been completed for the Joint Strategic Needs Assessment (JSNA) and the Joint Health and Wellbeing Strategy (JHWS).

Accommodation - No direct implications.

Crime and Disorder – The JSNA provides information relating to crime and disorder.

Human Rights - No direct implications.

Consultation – Consultation on the priorities of the Health and Wellbeing Board is undertaken on an annual basis through the Big Tent Event and other engagement activities.

Procurement – The Health and Social Care Act 2012 outlines that commissioners should take regard of the JSNA and JHWS when exercising their functions in relation to the commissioning of health and social care services.

Disability Issues – The needs of disabled people are reflected in the JSNA and JHWS.

Legal Implications - The Health and Social Care Act 2012 places clear duties on local authorities and Clinical Commissioning Groups (CCGs) to prepare a JSNA and JHWS. The local authority must publish the JHWS. The Health and Wellbeing Board lead the development of the JSNA and JHWS.